



It Is finished

16 Scripture prompts for resting in Christ's work for you

I am invited to rest in his perfect work

When Jesus had received the sour wine, he said, "It is **finished**," and he bowed his head and gave up his spirit.

John 19:30

Rest Prompt: What burden am I carrying that Christ already finished?



I am invited to rest in his perfect work

For whoever has entered God's rest has also rested **from his works** as God did from his.

Hebrews 4:10

Rest Prompt: What would it look like to stop striving and start resting?



I am invited to rest in his perfect work

Therefore, since we have been **justified by faith**, we have peace with God through our Lord Jesus Christ.

Romans 5:1

Rest Prompt: How does knowing I'm justified give me peace today?



I am invited to rest in his perfect work

He saved us, not because of works done by us in righteousness, but according to **his own mercy**.

Titus 3:5

Rest Prompt: Do I really believe that his mercy, not my efforts, is enough?





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I am saved by grace, not by my own merit

For by grace you have been saved through faith. And this is not your own doing; it is the **gift of God.**

Ephesians 2:8

Rest Prompt: Am I living like grace is a gift or something I have to earn?



I am saved by grace, not by my own merit

I do not nullify the grace of God, for if righteousness were through the law, then Christ died for no purpose.

Galatians 2:21

Rest Prompt: Where in my life am I acting like Christ's death wasn't enough?



I am saved by grace, not by my own merit

For all have sinned and fall short of the glory of God, and are **justified by his grace as a gift, through the redemption that is in Christ Jesus.**

Romans 3:23–24

Rest Prompt: Can I receive grace today without trying to prove I deserve it?



I am saved by grace, not by my own merit

Not having a righteousness of my own that comes from the law, but that which comes through faith in Christ.

Philippians 3:9

Rest Prompt: Am I resting in Christ's righteousness or trying to build my own?





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16 Scripture prompts for resting in Christ's work for you

I am clothed in Christ's righteousness

For our sake he made him to be sin who knew no sin, so that in him we **might become the righteousness of God.**

2 Corinthians 5:21

Rest Prompt: Can I believe that I'm fully covered in Christ's righteousness right now, as I am?



I am clothed in Christ's righteousness

There is therefore now **no condemnation** for those who are in Christ Jesus.

Romans 8:1

Rest Prompt: Am I still holding onto guilt that Jesus already carried for me?



I am clothed in Christ's righteousness

And you have been **filled in him**, who is the head of all rule and authority.

Colossians 2:10

Rest Prompt: What would change if I believed I'm already complete in Christ?



I am clothed in Christ's righteousness

For in Christ Jesus **you are all sons of God**, through faith.

Galatians 3:26

Rest Prompt: Am I resting in the truth that I'm already God's beloved daughter?





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I am safe in the hands of a faithful God

Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!

Psalm 46:10

Rest Prompt: What noise in my soul is keeping me from resting in God's nearness?



I am safe in the hands of a faithful God

Come to me, all who labor and are heavy laden, and I will give you rest.

Matthew 11:28

Rest Prompt: What burden am I carrying that Jesus is inviting me to lay down?



I am safe in the hands of a faithful God

You keep him in **perfect peace** whose mind is stayed on you, because he trusts in you.

Isaiah 26:3

Rest Prompt: Is my mind fixed on his truth or my circumstances right now?



I am safe in the hands of a faithful God

Blessed is the man who **trusts in the Lord**, whose trust is the Lord.

Jeremiah 17:7

Rest Prompt: What would it look like to trust God here, right in the middle of this situation?

